



ISSUE 629

SEPTEMBER 2026



**BACK TO
SCHOOL!**



LA VITA
SOCIALE



ANNUAL DAY AT THE RACE TRACK

From the moment our members arrived, the energy was high with sunshine, laughter, good food, and the unmistakable thrill of watching those magnificent horses thunder down the track. It was one of those classic summer outings that remind us why shared experiences matter: the conversations, the cheering, the friendly wagers, and the joy of simply being together.

A heartfelt thank you to Maria Marchio for organizing this wonderful day. Her attention to detail, her enthusiasm, and her commitment to creating memorable experiences for our community made everything seamless and special. Maria, we appreciate you more than you know.



We hope you'll plan on joining us next year. Saratoga has a magic all its own, and sharing it together makes it even better.

BOCCE CHAMPIONS

WOMEN'S BOCCE 2026 - YEAR END RESULTS

Another year of Women's Bocce has come to an end, and a great time was had by all! Congratulations to all the ladies and a big "thank you" for coming out and making this a fun evening for all.

Congratulations to the **1st place team: LE DOLCE**, with Fran Franke as the Captain and her teammates Nancy Sano, Rose Barbato, Teresa Swanson and Josephine Torino.

Congratulations to the **2nd place teams with a tie between: L'ESPRESSO** with Sharon Patrei as the Captain and her teammates Joyce Vine, Barbara Palumbo, Sue Ferrara and Linda Hoffman and **PRIMADONNE**, with Maria Marchio as the Captain and her teammates Anna Maria LoGrippo, Sally Simeone, Tina Simeone and Linda Schrom.

Congratulations to the **3rd place team: AMICHE**, with Gerri Kraushaar as the Captain and her teammates Terry Fazio, Josephine Coppola, Jeanette Anziano and Nadine Gorman.

Congratulations to these teams and to everyone because we are all winners!!

Bocce will resume next May. Remember bocce is open to all ladies in the club. If you would like to give it a try, please call one of the names listed below. We always need subs. Remember no special talent is necessary and we always have a great time!

Donna Zumbo (518-424-7463)
Maria LaMorte (518-456-4800)
Women's Bocce Co-chairs



CONGRATULATIONS TO THIS YEAR'S MEN'S BOCCE CHAMPIONSHIP TEAM, THE RED SOX.

The team dominated, winning both the first- and second-half championships. From left to right, the players are Scott Franco, Jim Soccia, Captain Angelo Tarantino, and George Bartels.



NEWS & EVENTS

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INSALATA MISTA

MIXED BOCCE

Mixed bocce will begin on Tuesday, September 1st at 6:00 pm and will run through October 13th. Mixed bocce is open to members and also to non-members. Please call Donna Zumbo at 518-424-7463 if you're interested in playing.



SOCIAL CALENDAR September

9/01/26 ~ Mixed Bocce Starts - 6:00 pm

8/03 ~ Men's Bocce League - 6:30 pm

9/04/26 ~ Friday Nights at the Pavilion Final Night of the Season (Cheese Ravioli with Meatballs \$13) - 5:00 – 8:00 pm

9/07/26 ~ Office Closed - Labor Day

9/07/26 ~ Labor Day BBQ - Pool Party - 2:00 – 4:00 pm

9/08/26 ~ Mixed Bocce - 6:00 pm

9/09/26 ~ I.A.C.C. Women's League Meeting - 6:00 pm

9/13/26 ~ Pool Closes for the Season and BBQ - 12:00 – 5:00 pm

9/15/26 ~ Mixed Bocce - 6:00 pm

9/17/26 ~ Chair Yoga Begins - 6:00 pm

9/21/26 ~ Monday Grand Italian Buffet - 5:00 – 7:00 pm

9/22/26 ~ Mixed Bocce - 6:00 pm

9/24/26 ~ Chair Yoga - 6:00 pm

9/28 /26 ~ Elementary Italian Class Begins - 7:00 – 9:00 pm

9/29/26 ~ Mixed Bocce - 6:00 pm

UPCOMING EVENTS

10/17/26 ~
*Columbus Day
Grand Gala*
5:30 – 11:30 pm





PRESIDENT'S MESSAGE

As another wonderful summer winds down, I want to thank everyone who helped make this season at the Italian American Community Center so memorable. Our pool once again proved to be one of the true highlights of summer, bringing together families, friends, and generations of members. From relaxing afternoons to busy weekends and special events, it has been a terrific pool season. A special thank you goes to our lifeguards and staff whose hard work helped keep the pool safe, clean, and welcoming throughout the summer.

I would also like to extend a special thank you to **Frank Zeoli, Dino Barbato, and the entire Pavilion crew** for another wonderful season of **Friday Nights at the Pavilion**. Their hard work and dedication have made Friday evenings a summer tradition that our members look forward to each week. Great food, good friends, and plenty of laughter are what make these evenings so special.

While we are always a little sorry to see summer end, there is still plenty to look forward to. Italian language classes will soon be underway, as will Chair Yoga and our Mixed Bocce League, bringing friendly competition, plenty of laughs, and another great opportunity to enjoy the camaraderie that makes the IACC special.

To all returning to school, may you all have a rewarding and fun school year!

Jim Sano

JIM SANO
ITALIAN AMERICAN COMMUNITY CENTER
PRESIDENT



New year, new adventures. You've got this!

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WOMEN'S LEAGUE

I can't believe that summer is approaching its end. Back to school time is here. Where did the time go? It seems like just yesterday that bocce was starting and we had the opening of the pool and BBQ. This Friday will be the last night of food at the Pavilion, and the pool will be closing on Sunday, September 13th. That is always a sad day for me!! I will be the one crying in the corner as the last chair is stacked, umbrellas are put away and the pool water is drained. I'd like to send a big thanks to Jim Sano and his staff of lifeguards for keeping us all safe this summer.

This month will be our last meeting in the Pavilion before the cold weather descends upon us. We will gather on Wednesday, September 9th at 6pm. Our menu will include fried chicken and all the fixings (potatoes and gravy, coleslaw, biscuits) and beverages. Please call Mary Lou Marando at (518) 482-8276 by Monday, September 7th to make your reservation. If you would like to bring a side dish or dessert to share, please let Mary Lou know when making your reservation. The cost will be \$20 per person. We will play a couple of games of Bingo after dinner.

We are still collecting items for the Caring Closet in Guilderland. The Caring Closet provides free personal hygiene items to students and families in the Guilderland School District. They operate closets in the schools as well as a community location

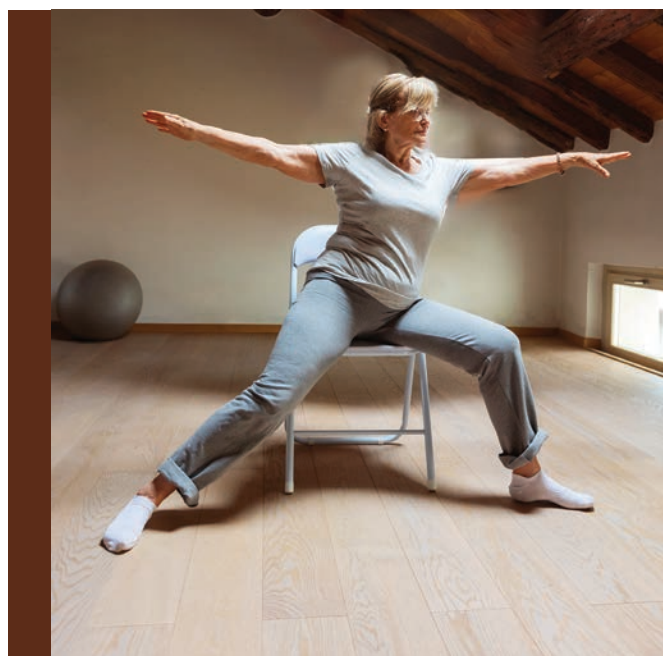


next door to the Food Pantry. Please bring any donations you have to the meeting, and I will make sure the donations get there.

Just a reminder to all the ladies who are members of the club, you are automatically a member of the Women's League. If you've never attended one of our gatherings before, come join us and bring another friend who is also a member with you.

I hope that everyone will be able to enjoy their Labor Day and I look forward to seeing you all at the next meeting.

Georgeann Greene
President



CHAIR YOGA IS BEGINNING A NEW 8 WEEK SESSION

This class is enjoyed by so many and it's returning for an 8-week fall session. Classes will be on Thursdays at 6:00 pm.

They begin on **September 17th to November 5th**. The class is held upstairs in the Carusso Room. Classes are open to men and women.

The price is \$60 for 8 weeks or \$10 to drop in for a class. Please call the membership office at 456-IACC (4222) to sign up.



Mantua And Sabbioneta PART II

BY JIM SANO

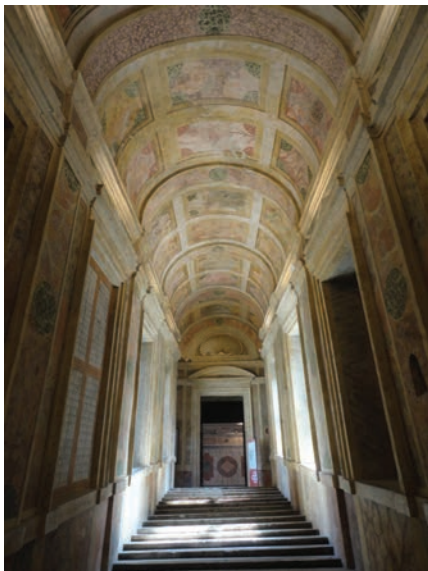


CONTINUATION FROM LAST ISSUE

CORTE VECCHIA

Between 1536 and 1539, Giulio Romano (a pupil of Raphael) created the so-called Corte Nuova for Federico II, the first Duke of Mantua, next to the Castle of San Giorgio. This historic nucleus consists of several 16th-century buildings connected to the older Castle over time and can be accessed via the **Aeneas Staircase**.

The main attraction of the Corte Nuova ("New Court") is the **Sala di Manto**, which was once the entrance to the "Apartment of Troy." This area is named after the frescoes (1538-1539) created by collaborators of Giulio Romano and commissioned by Federico II Gonzaga



to restore several rooms in the Palace. The current appearance of the Sala del Manto dates back to the intervention of Guglielmo X, who ordered the creation of the Appartamento Grande di Castello ("Large Apartment of the Castle"). The frescoes in the hall depict the story of Troy, preceded by Manto's arrival in Italy, the mythical founder of Mantua. The beautiful frescoes depicting scenes from mythology and history celebrate the legend,



Sala di Manto

connecting the Gonzaga family to the city's mythological origins. The Sala di Manto emphasizes the grandeur and cultural sophistication of the Gonzaga court.

Duke Vincenzo used the Sala di Manto for receptions and parties. The King of France, Henry II, was received here in 1574, and it was also the venue for the marriages of Vincenzo Gonzaga with Eleonora de' Medici in 1584 and of Francesco IV and Margherita of Savoy in 1608.

The Sala di Manto also served as the entrance hall of the Troia Apartment, which was constructed between 1536 and 1539 by Giulio Romano for Federico II Gonzaga, the first Duke of Mantua. This Apartment was named after the depictions found in its main room, the audience hall. The decorations of this Apartment glorify the duke's power acquired from his marriage to Margherita Paleologo in 1531; Duke Federico gained control of Monferrato and became the heir to the descendants of the Byzantine emperors.



The Sala di Troia was Frederick II's audience room, which gives its name to the entire Apartment. Benedetto Lampridio of Cremona is credited with the iconographic program and the selection of scenes depicting the war between the Trojans and the Achaeans, which are taken from Homer's Iliad and Hyginus' Fabulae. The pavilion vault, dating back to 1537, was painted in 1538 by students of Giulio Romano based on his drawings.

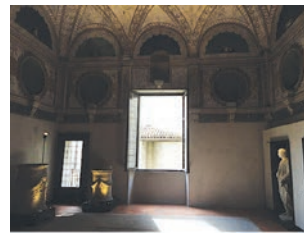


The first room in the Apartment is the Horse Room (Sala di Cavalli), which has a distinct irregular trapezoid shape.

At the center of the wooden coffered ceiling is the Fall of Icarus, taken from Ovid's Metamorphoses.

The walls' panels, now empty, used to have portraits of the duke's beloved horses.

The hanging garden visible from the Horse Room is known as **Cortile dei Cani** or the Dog Courtyard. It is a small area between the Troia Apartment and the Duke William Apartment. It's named after a plaque on the wall before the loggia commemorating "Oriana, the celestial dog."



The Chamber of Heads, also known as the Sala delle Teste, is named after the twelve busts of leaders and politicians from the time. These busts, known as "exempla virtutis," were created by Alfonso

Lombardi Cittadella from Ferrara. Only the inscriptions on the bases of the busts remain today.



The Room of the Caesars, also known as the Camerino dei Cesari, is adorned with grotesque decorations and stucco frames by Giulio Romano. From 1537 to 1538, it showcased paintings by Tiziano Vecellio depicting the Caesars. However, the paintings on display today are 16th-century replicas, as the original paintings were destroyed in a fire at the Alcazar of Madrid, where they were housed, in 1734.

The Basilica Palatina of Santa Barbara was built between 1562 and 1572 by Giovanni Battista Bertani and commissioned by Duke Guglielmo of the Gonzagas. It served as the palace chapel for the Gonzaga family. The church has a central plan with a square tiburium in the middle and a raised semicircular presbytery. The presbytery houses a painting of the Martyrdom of St.



Barbara by Domenico Brusasorci and an Annunciation by Fermo Ghisoni. The interior also features two lateral altars with large canvas altarpieces by Lorenzo Costa the Younger. The church's bell tower, which has a square plan, contains the remains of four dukes and other members of the Gonzaga family. The church was equipped with an organ by Graziadio Antegnati in 1565 and restored in 1995.

During the Habsburg rule in Mantua, the Refectory was renovated to include the Sala dei Fiumi, which showcased giant paintings of rivers in Mantuan territory. The Appartamento degli Arazzi, consisting of four halls, was also created. Three of these halls feature tapestries from the Raphael Cartoons, produced in Flanders and originally intended for the Sistine Chapel. Cardinal Ercole Gonzaga purchased them in the 16th century, and they were initially used to decorate the Green Apartment. After being stored in the Ducal Palace, the tapestries were restored and relocated in 1799. The Sala dello Zodiaco, also known as Napoleon I's Hall, underwent restoration during the Napoleonic Wars when the French emperor stayed there.

Torre dell'Orologio

At the heart of the old town center stands the Clock Tower, a prominent structure on Piazza Erbe located between Palazzo della Ragione and the old Roman church of St. Lawrence. The clock features two nineteenth-century wooden mechanisms behind small octagonal windows, which can be read at night. With a rectangular layout, the tower was commissioned by



Marquis Ludovico II and built in 1472-73 based on a design by Luca Fancelli. It is named after the ancient clock created by Bartolomeo Manfredi, a mechanic, mathematician, and astrologer at the Gonzaga court, also known as Bartolomeo dell'Orologio. Inaugurated in December 1473, the clock's dial indicates the hours with Roman numerals and is adorned with zodiac signs, planetary hours, and lunar days. The clock also tracks the position of the stars, indicating the influence of favorable planets at different times of the day.



The tower also houses the Museo del Tempo (Time Museum), where visitors can explore the history of the astronomical clock and discover the mechanisms that power it. The tour takes visitors through the tower's five floors, showcasing historical gears and the existing clockwork mechanism. Inside, you'll find an exhibition of original and replaced clock components, including the fifteenth-century crown, copper zodiac signs, and the Foucault pendulum. The top floor provides a breathtaking panoramic view of Mantua and the surrounding lakes.

The Torre della Gabbia, a medieval tower that is part of the Ducal Palace complex, symbolizes the Bonacolsi family's power, rulers of the city before the Gonzagas. The tower, known as "Gabbia," which means "cage" in Italian, is famous for its historical significance and unique architecture. It was initially built by the Acerbi family and later sold to Pinamonte Bonacolsi in 1281. The tower was neglected before being renovated and incorporated into the Palazzo Guerrieri. In 1576, Duke Guglielmo Gonzaga had a large iron cage constructed as an "open-air prison," where the condemned were publicly displayed, sometimes for long periods. The iron cage, for which the building is known, was made of thick bars



and a narrow space intended to intensify the suffering of the imprisoned. The tower is fifty-five meters tall and was partially renovated in the sixteenth century, adding Renaissance-style elements to the façade. The tower was gifted to the municipality in 1850. Despite being damaged in the 2012 earthquake, restoration efforts now allow visitors to climb to the top and enjoy the city's panorama.



Palazzo Te, a grand villa and a masterpiece of Mannerist Villa architecture, is situated on an island near the city center called Tejeto or Te. It was commissioned in 1525 by Federico II Gonzaga and constructed between 1525 and 1535 by Giulio Romano. Palazzo Te's intended use was for parties, receptions, and leisure. This vast, square-shaped complex features exterior decorations, a large internal courtyard, and an architectural layout inspired by ancient designs. The design allows for panoramic views and harmonizes the architecture with its environment. Palazzo Te is renowned for its elaborate frescoes and stucco work, often described as "the dwelling place of the gods: a forbidden dream of mythology, politics, and eroticism." Its exquisite decor features the renowned Sala dei Giganti, Sala dei Cavalli, The Eagles Room, the loggias of David and the Muses, the Secret Garden, and the opulent Hall of Cupid and Psyche. The main spaces are on slightly raised ground level to protect against flooding from the Mincio River. The service areas are located on the upper level.

The Sala dei Giganti in the Palazzo Te features a famous fresco by painter Giulio Romano depicting the dramatic and chaotic battle between the Giants and the Gods' attempt to overthrow the gods of Mount Olympus from *Metamorphoses* by Ovid. The room's panoramic painting offers an entirely immersive experience, depicting the gods led by Jupiter hurling thunderbolts at the Giants, crushing them under falling rocks, collapsing walls, heavy clouds, and collapsing mountains. Jupiter is depicted on the ceiling, surrounded by the Roman cosmogony. He is capturing the moment when he



unleashes his lightning to vanquish the twisted faces of the desperate giants attempting to flee, thus capturing the chaos and violence of a mythological battle. The portrayal of the Fall of the Giants showcases the grandeur and artistic innovation of Mannerist art. It symbolizes the triumph of order over chaos and the power of the divine. This theme resonated with the Renaissance ideals of harmony, control, and celebrating classical mythology.

Sala di Amore e Psiche (Cupid's and Psyche's Hall) is the most opulent room in the Palace. This room, dedicated to Cupid and Psyche, was where banquets and social gatherings were held for prominent guests, making it a central space for the cultural and social life of the Gonzaga court. The elaborate decorations provided an impressive backdrop for the festivities and reflected the luxury and artistic sophistication of the Gonzaga family. The walls and ceiling of the Sala di Amore e Psiche are adorned with vibrant frescoes illustrating scenes from the myth of Cupid and Psyche, as recounted in Apuleius's *"Metamorphoses"* (also known as *"The Golden Ass"*). Cupid, the deity of love, erotic desire, and attraction, was the most powerful of all gods and was even feared by Jupiter. The myth was chosen for its love, beauty, and transformation themes, highly valued in Renaissance culture. It symbolizes the triumph of love and the soul's journey toward immortality, resonating with the humanist ideals of the period. These frescoes



illustrate the story of Cupid and Psyche, portraying love, betrayal, secret or unreciprocated love, and redemption. The detailed scenes emphasize the emotional and dramatic elements of the myth. The frescoes feature gods, goddesses, and fantastical creatures, blending human emotions with divine interventions. Giulio Romano's work in this hall is one of the most impressive masterpieces of the 16th century.



Diana in her chariot (bearing the Gonzaga motto "Unicuique suum"). It is believed that Duke Guglielmo commissioned this work around 1579, possibly from the painter Lorenzo Costa the Younger, as a birthday gift for his daughter, whose zodiac sign is celebrated in the fresco.



The Sala dei Cavalli, also known as the Hall of Horses, is a grand hall adorned with detailed life-size frescoes of six favorite horses set against natural landscapes. These frescoes pay tribute to the prized steeds of the Gonzaga family, surrounded by mythological divinities and scenic vistas, creating a rich visual narrative that blends elegance with classical mythology. Exemplifying the Renaissance artistic style, the frescoes are characterized by meticulous detail, realistic proportions, and the seamless integration of figures into their surroundings. The Sala dei Cavalli was a dance hall and an important venue for social events in the Ducal Palace. In 1530, Federico II Gonzaga hosted Emperor Charles V, highlighting Mantua's cultural and political importance.

The Zodiac Hall (Sala dello Zodiaco), also known as the "Dogs" room because of the animals that pulled Diana's chariot, is adorned with beautiful and evocative depictions of the zodiac on the ceiling. The vault of this pavilion is covered with stunning representations of the zodiac set against a night sky filled with countless stars. Mythological figures stand out in the artwork, including



Camera delle Aquile (The Eagles Room), named for the four intricate frescoes of eagles spread on the vault corners, was Federico II Gonzaga's private room. This eagle motif represents the Gonzaga family's strength, nobility, divine connection, and Renaissance fascination with heraldry and classical mythology. Its abundant decorations, which include frescoes, stucco, and marble, are awe-inspiring.

Loggia Delle Muse (The Muses Loggia) is the Palace's entrance hall, dedicated to the Muses, goddesses who inspire and protect art, literature, and science. It is adorned with frescoes that pay tribute to the nine Muses of Greek mythology, the guardians of the arts and sciences. The vibrant frescoes depict each Muse representing a distinct domain of the arts and sciences. The figures are shown in dynamic poses with symbols of their art, such as Clio holding a scroll and Thalia with a comic mask. These depictions can be seen as bas-reliefs in the vault and lunette paintings illustrating mythological scenes related to the Muses. One of these paintings features a nymph, representing Mantua, reclining next to a fountain. Atop this fountain, a laurel crown refers to the poet Virgil, who was born near Mantua.



A WONDERFUL FERRAGOSTO CELEBRATION AT THE IACC

On August 15th, the Italian American Community Center's annual Member Picnic and Ferragosto celebration was once again a tremendous success, bringing together more than 250 members and their guests for a day and evening filled with good food, friendship, and Italian tradition.

With beautiful summer weather throughout the day, members gathered at the IACC to enjoy the pool, relax with family and friends, and take part in one of our most anticipated events of the year.

The celebration featured incredible selection of food from start to finish. Lunch included hot dogs, hamburgers, sausage and peppers, chicken kebabs, and fresh corn on the cob. As the afternoon turned into evening, dinner was served with delicious spread of pork, chicken, eggplant, pasta, potatoes, vegetables, salad, and a large antipasto display. There was certainly something for everyone to enjoy!

One of the most meaningful moments of the evening was the dedication of our new reflection area in honor of **Charter Member Maria "Sandrina" Denitto**, who passed away in July. Maria was a cherished member of the IACC family, and the new reflection area will provide a lasting place for members and visitors to pause, reflect, and remember her. The dedication was a beautiful tribute to her life, her friendship, and the many contributions she made to our club.

The evening also included a drawing of the winners of our Annual Raffle with proceeds benefiting the IACC Children's Playground Fund. We are grateful to everyone who purchased tickets and supported this important project. Your generosity is helping us move closer to creating a wonderful new playground for the children and families of the IACC. Special thanks to Terry Andriano for coordinating this year's raffle; we couldn't have done it without her.

As dusk approached, members gathered around the bonfire, creating the perfect setting to enjoy the evening and celebrate the special community that makes the IACC such a wonderful place.

Thank you to everyone who attended, volunteered, prepared the food, helped organize the event, and supported the IACC throughout the day. Most of all, thank you to our members for making events like Ferragosto so special.



PER TUA
INFORMAZIONE
(FOR YOUR INFORMATION)

BY JOE SANO



MASTERS OF GRANITE - ITALIANS IN BARRE, VERMONT

The newly created nation of Italy was not okay during the last quarter of the 19th century. Poor economic growth, added to a vast growing population, ushered in fewer opportunities for workers and artisans. The Italian government went so far as to encourage emigration to America. While the streets may not be paved with gold, there may be jobs. One such area looking for skilled workers was the stone quarries of Vermont.

It was the Vermont Marble Company in Rutland that first wooed Italian stone carvers. Cutting and carving marble was a familiar trade. As the rail lines in Vermont improved, the granite cutting and sculpting business grew new opportunities. Skilled craftsmen from the Carrara area and the northern Italian provinces made



the journey to Barre for a new opportunity mining and sculpting the granite of Vermont. By the early 20th century over 14% of Barre's population was of Italian descent.

These stone carvers were usually single males or married men who left their wives/families back in Italy. They lived in boarding houses and saved as much as they could to bring their families to America. Most were already master sculptors, carvers and stone cutters who often started their trade as young boys and, for those trained as sculptors, they apprenticed for as many as 10 years.

These immigrants included some of Barre's outstanding pre-World War II carvers and sculptors: Carlo Abate, Joseph Calcagni, John Comi, Elia Corti, William Corti, Enrico Mori, Samuel Novelli, Augusto Sanguinetti, and Geno Tosi.

Novelli & Corti was established by Samuel ("Sandro") Novelli and Elia Corti in 1901. It became one of the premier granite carving studios in the world.

Stone cutters from around the east coast and even more from Italy seized the opportunity to make the switch from carving marble to carving granite. It was not a great problem for most carvers who enjoyed carving the finely grained, uniform, and hard but not brittle Barre granite.

usually done in open sided sheds which allowed the silica dust to escape. The Vermont climate dictated that their work was done in closed structures forcing the workers to breathe in the stone dust. Their lungs literally turned to stone. Hope Cemetery in Barre remains as an iconic tribute to these early workers. It is here that many of the workers carved their own tombstones as they suffered through the final stages of the disease.

Many of the cutters and carvers made their offspring promise to reject the granite industry. The post WWII era saw a shortage of skilled granite workers. Offering compensation sometimes over 5 times what was offered in Italy a new wave of Italian stone workers arrived. Some of Barre's outstanding post-World War II carvers and sculptors include Angelo Ambrosini, Angelo Bardelli, Giuliano Cecchinelli, Alcide Fantoni, Flavio Furloni, Frank Gaylord, Ernesto Malnati, Orazio Marselli, Gino Sassi, and Lambruno Scranini.

Today OSHA and Vermont safety rules require proper safety measures throughout the entire industry.

If you're planning a fall drive through Vermont, add this area to your trip. It is amazing. This author thanks the Vermont Granite Museum for their help with this article and their continuing excellence in displaying the contributions of these Italian-Americans who made Barre, Vermont the "Granite Capital of the World." □



Louis Brusa, a Barre stonecutter, died in 1937 at age 50 from silicosis. His monument is one of the most tragic in Hope Cemetery. Brusa is shown exhausted and slumped backward with his wife Mary comforting him. His chest is merged into the granite base symbolic of his lungs filled with granite dust. (Thanks to the Vermont Granite Museum)

However, a hidden danger would soon take its toll on the Italian granite cutters and carvers. Silicosis or the "American Disease" would begin to impact the health of many of the Italian workers. In Italy, carving was



2026 IACC SWIMMING POOL SCHEDULE

POOL PHONE 518-250-4511 (TO CHECK CONDITIONS)
MEMBERS MUST HAVE THEIR MEMBERSHIP CARD
AVAILABLE WHILE AT THE POOL

Su	Mo	Tu	We	Th	Fr	Sa
May					22-Noon	23
24	25	26	27	28	29	30
31						
June	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
July			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Su	Mo	Tu	We	Th	Fr	Sa
August						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
Su	Mo	Tu	We	Th	Fr	Sa
September		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Noon – 8:00 p.m. | 10 a.m. – 8:00 p.m. | Noon – 5:00 p.m. | Noon – 8:00 p.m.
 Lap swim 7:30 - 9:30 am



I.A.C.C. FOUNDATION

ANNUAL CASH DRAWING WINNERS

We want to thank everyone that donated money to the Italian-American Community Center playground benefit.

The 11 winning tickets drawn Saturday August 15th are:

Grand prize of \$5,000 was ticket #146!

10 additional winners are:

#11
 #33
 #63
 #77
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 #86
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 #153
 #161



Congratulations to the winners!



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CLASS SIZE IS LIMITED REGISTER TODAY!

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SEPTEMBER *Birthdays*

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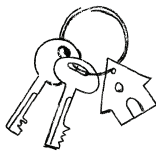
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COLUMBUS DAY
GRAND GALA



Mangia Bene E Vivi Bene!

By FRANK ZEOLI



Insalata Mista

PREP TIME: 15 MINUTES

INGREDIENTS

FOR THE SALAD:

- 2 heads of romaine lettuce, washed and dried (chopped)
- 1 small head of red radicchio (chopped)
- 4 oz of fresh fennel (sliced julienne)
- ½ pint of cherry tomatoes (washed)
- ½ small white onion (thinly sliced julienne)
- 1 red pepper (large dice)
- ½ teaspoon of kosher salt

FOR THE DRESSING:

- 2 oz of extra-virgin olive oil
- 2 oz of lemon juice (fresh-squeezed)
- 1 tablespoon of fresh parsley (chopped)
- ½ teaspoon kosher salt
- Black pepper to taste

Simple, fresh, and full of flavor, **Insalata Mista**, or **Mixed Salad**, is a classic Italian salad that proves you don't need complicated ingredients to create something delicious. A colorful combination of crisp greens, ripe vegetables, and a light homemade dressing make this salad the perfect accompaniment to almost any meal.

In Italy, salad is often served alongside the main course, allowing the freshness of the vegetables and brightness of the dressing to balance richer dishes. This easy recipe can easily be adapted to whatever seasonal produce you have on hand. It's a simple taste of the Italian table and a reminder that sometimes, the simplest dishes are the most satisfying.



INSTRUCTIONS

1. Prepare the vegetables: place the romaine lettuce, tomatoes, onion, fennel, red pepper, and radicchio in a large salad bowl. Add ½ teaspoon of kosher salt.
2. Make the dressing: in a small bowl, whisk together the olive oil, lemon juice, fresh parsley, salt, and pepper until well combined.
3. Dress the salad: just before serving, drizzle the dressing over the salad. Toss gently until the vegetables and greens are lightly coated.
4. Taste and serve: adjust the salt and pepper to taste. Serve immediately.

Italian tip: keep the dressing light. An **Insalata Mista** should taste fresh and crisp, with the olive oil and lemon complementing rather than overpowering the vegetables. For an extra touch, add a few shavings of pecorino romano cheese or some fresh basil.



Look for more recipes in the next edition of the **SIAMO QUI**

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